**import** java.util.regex.\*;

**public** **class** regularExpnAssisted {

**public** **static** **void** main(String[] args) {

String pattern = "[a-z]+";

String check = "Regular Expressions";

Pattern p = Pattern.*compile*(pattern);

Matcher c = p.matcher(check);

**while** (c.find())

System.***out***.println( check.substring( c.start(), c.end() ) );

}

}

OUTPUT- egular

xpressions